



## Community Health Implementation Strategy

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# UP Health System — Portage

*Houghton County, Michigan*

Hard copies of this document may be obtained at UPHS Portage, 500 Campus Drive,  
Hancock, MI 49930 or by phone 906-483-1000 or via the hospital website [PortageHealth.org](http://PortageHealth.org)



## Overview

The Community Health Needs Assessment (CHNA) defines priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of the community served by UPHS – Portage (Houghton County, MI). This document is the UPHS – Portage Implementation Plan outlining how the hospital plans on addressing significant health needs in the community.

Community input was received into the 2019 implementation plan during a community meeting on October 28, 2019.

The CHNA is contained in a separate document.

UPHS – Portage’s Board of Directors approved and adopted this Implementation Strategy on November 26, 2019.

Starting on DATE, 2019, this report is made widely available to the community via UPHS – Portage’s website, [www.portagehealth.org](http://www.portagehealth.org), and paper copies are available free of charge at UPHS – Portage.

## Community Health Improvement/Implementation Plan 2019

To successfully make our community healthier, it is necessary to have a collaborative venture which brings together all of the care providers, citizens, government, schools, churches, not-for-profit organizations and business and industry around an effective plan of action. The community health needs assessment was completed previously and posted on UPHS – Portage’s website.

Based on the results of the CHNA, UPHS – Portage has selected all the identified significant health needs to address.

1. Substance use disorder
2. Mental health
3. Healthy eating/Active living – obesity
4. Access to care
5. Socioeconomics

## **UPHS-Portage plans to meet the Substance Use Disorder significant health need by:**

1. Create a community coalition for mental health and substance use disorder to create collective impact.
  - Determine membership
  - Create purpose statement and charger
  - The Coalition can coordinate many of the action items associated with this community need
2. Support prevention and treatment programs within the community
  - Target youth and school-based substance use education and prevention programs (including trauma-based programs)
  - Add substance use disorder to the UPHS-Portage Health Fair
  - Develop a referral process from UPHS-Portage Emergency Department to Great Lakes Recovery Center
  - Coordinate with Michigan Tech University to add substance use disorder education and resources to their health fair and orientation

### **Anticipated Impact:**

1. Decrease substance use disorder in the county
2. Coordinate efforts throughout the county

### **The programs and resources the hospital plans to commit to address the health need:**

1. Staff time to the community coalition
2. Human and monetary resources to schools, Great Lakes Recovery and Michigan Tech to develop programs and resources

### **UPHS – Portage will collaborate with:**

1. All substance use disorder resources in the county
2. All schools in Houghton County
3. Great Lakes Recovery Center
4. Michigan Tech University (any other university or college wishing to participate)

## **UPHS-Portage plans to meet the Mental Health significant health need by:**

1. Create a community coalition for mental health and substance use disorder to create collective impact.
  - Determine membership
  - Create purpose statement and charger
  - The Coalition can coordinate many of the action items associated with this community need
2. Hold a mental health community collaboration summit
3. Increase availability of behavioral health professionals
  - Work with local college and universities to increase training of mental health professionals (MSN, BSN, psychologists, MSW, Psychiatrists)
4. Develop infrastructure to support mental health education and services
  - Work with the Upper Great Lakes Family Health Center (FQHC) to acquire grant money to support mental health services
  - Add mental health to the UPHS-Portage Health Fair
  - Coordinate with Michigan Tech University to add mental health education and resources to their health fair and orientation

### **Anticipated Impact:**

1. Increase mental health providers in the county
2. Coordinate efforts throughout the county
3. Decrease the stigma of mental health

### **The programs and resources the hospital plans to commit to address the health need:**

1. Staff time to the community coalition
2. Human and monetary resources to Upper Great Lakes Family Health Center and Michigan Tech to develop programs and resources

### **UPHS – Portage will collaborate with:**

1. All mental health resources in the county
2. Upper Great Lakes Family Health Center
3. Michigan Tech University (any other university or college wishing to participate)

## **UPHS-Portage plans to meet the Healthy Eating/Active Living significant health need by:**

1. Conduct quarterly nutrition education events
  - Q1 – Heart Health by the Numbers
  - Q2 – Health & Safety Fair
  - Q3 – Michigan Tech Health Fair
  - Q4 – Maintain Don't Gain program
2. Conduct quarterly activity events
  - Q1 – Great Bear Chase
  - Q2 – Sisu Shuffle
  - Q3 – Canal Run
  - Q4 – Turkey Trot
3. Support and treat those with diabetes
  - Hold diabetes classes and support groups
  - Utilize the Pathway to Health Program

### **Anticipated Impact:**

1. Improve nutrition knowledge
2. Increase activity

### **The programs and resources the hospital plans to commit to address the health need:**

1. Staff time and monetary resources to the quarterly nutrition and activity events
2. Diabetes program

### **UPHS-Portage will collaborate with:**

1. Pathway to Health Program
2. Michigan Tech University

## **UPHS-Portage plans to meet the Access to Care significant health need by:**

1. Increase physicians in the community
  - Use incentives to recruit physicians to the community
  - Create a marketing campaign focused on staying and living in the U.P.
2. Create a screening program for kids and provide to all in schools

### **Anticipated Impact:**

1. Increase physicians in the community
2. Provide pediatric screening to all kids in the county

### **The programs and resources the hospital plans to commit to address the health need:**

1. Staff time and monetary resources to the recruitment of physicians
2. Staff time and monetary resources to the school screenings

### **UPHS-Portage will collaborate with:**

1. Schools
2. Existing community physicians

## **UPHS-Portage plans to meet the Socioeconomic significant health need by:**

1. Increase jobs in the county
  - As the second largest employer in the county, participate in KEDA and the Chamber of Commerce
  - Participate in job fairs at the colleges and universities in the U.P.

## **Anticipated Impact:**

1. Increase jobs in the community
2. Increase awareness of local jobs

## **The programs and resources the hospital plans to commit to address the health need:**

1. Staff time and monetary resources to economic development activities
2. Staff time and monetary resources to the job fairs

## **UPHS-Portage will collaborate with:**

1. Colleges and Universities
2. Keweenaw Economic Development Agency (KEDA)
3. Chamber of Commerce
4. UPHS-Marquette

UPHS – Portage intends to address all the health needs identified in the CHNA in collaboration with other community organizations.